Marion County Board of Health
Meeting Minutes

June 26, 2012
7:00 P.M.

Board Members Present:  Richard Haney, Pamela Hawkins, Mike Morton, Elizabeth Franczyk, Stan Morrison, Paula Strother.
Others Present:  Lori Ryan, Administrator; Melissa Mallow, Environmental Health Director; Shelly Yoder, Director of Nursing; Tara DeWitt, Health Educator; Cathy Hays, Administrative Secretary; and Bruce Kropp, WJBD Radio

I. CALL TO ORDER
The Marion County Board of Health met on June 26, 2012, at the Marion County Health Department, Salem office. Mike Morton called the meeting to order at 7:00 p.m.

II. QUORUM
A quorum of six board members was present.

III. MINUTES
Mike Morton made a motion to accept the March 27, 2012, quarterly Board of Health meeting minutes as presented; Stan Morrison seconded the motion. All were in favor; none opposed. The minutes were approved.

VI. FINANCIAL REPORT
Morton called for a review of the financial report. Lori Ryan reported that the cash flow balance at the end of the 2nd Quarter is $719,682.11.

The revenue for the end of the 2nd Quarter was $573,190.71, 50.92% of the budgeted amount.
Expenditures for the end of the 2nd Quarter is $653,438.43 which is a 58% of the budget.

Building Fund has $51,773.84.

Accounts Receivable is $112,536.87

Mike Morton made a motion to accept the financial report; Pam Hawkins seconded the motion. All were in favor; none opposed. The financial report was approved.

VI. OLD BUSINESS
Parking Lot Expansion: Lori Ryan stated that on 6/13/12, Ryan met with Gary Hahn with Rhutasel and Associates, Inc, to make changes to the parking lot expansion. The proposed plan would be an additional 8 parking spaces would be $40,000.00. Ms. Ryan will check the lot size on the south side of the building for further options to increase parking spaces. The topic was discussed and was decided unanimously to table until a further Board Meeting.

Open Meetings Act: 
Lori Ryan stated Certificates are still needed from Dr. Stan Morrison, Dr. Aziz, Dr. Franczyk, and Dick Haney.

VII. NEW BUSINESS
a. Activities:

1. Health Education: Tara DeWitt, Health Educator
   Quitline Cessation Program - Year to Date: 51 clients have been referred to the health department by the IL Tobacco Quitline; 6 clients have completed the 6 week program; 2 of those clients have completed 7 weeks and 1 has completed 8 weeks with the help of free NRT from the State.
   Presentations – 7 total for the Second Quarter
   Job Resource Fair at KC; 4 at the NEXT classes, sponsored by the Felician Wellness Center at the Centralia Rec. Center. Kiwanis Club and Tobacco Materials were made available at the Marion County Health Department “Be a Healthy Woman” Health Fair.
Health Fair
Marion County Health Department was awarded a mini grant from the Office of Women’s Health. Thursday, May 31 at the Centralia Health Department office the “Be a Healthy Woman” event was held. The Health Fair encouraged, educated and empowered 58 women and girls through a Health Education Seminar which included six speakers covering; Regular Check-Ups and Preventative Screenings, Osteoporosis, Reducing Stress & Anxiety, Self Breast Exams, Free Radicals & Antioxidants, and a Nutritionist holding an open forum and speaking on Anti-Flammatory Foods.

Exhibitors with resources and interactive demonstrations covered Healthy Eating and Physical Activity, Tobacco Cessation, Farmer’s Market, Diabetes, Stroke, Breast and Cervical, Mental Health, Seatbelt and Cell Phone Safety and Maternal/ Child Health.
22 Bone density screenings were done. Blood Pressure and Weight, Body Composition Analysis and Skin Cancer were also offered. The Marion County Health Department offered reduced rate Executive Profile blood work and a healthy snack.
9 Partnering Organizations were:
- **Salem Township Hospital** - Osteoporosis Speaker, Bone Density screening, Diabetes and Stroke resources.
- **Little Egypt Breast and Cervical** - Self Breast Exam speaker and Breast and Cervical resources.
- **Felician Wellness Center** - Body Composition Analysis screening
- **Angela Center** - Mental Health resources and Reducing Stress and Anxiety speaker.
- **Illinois State Police** - Seatbelt Safety and Cell Phone Safety resources.
- **Southern Illinois Dermatology** - Skin Cancer Screenings.
- **St. Mary’s Good Samaritan Hospital** - Dietitian speaker and speaker on Free Radicals and Antioxidants.
- **Marion County Health Department** - Executive Profile Blood work, Blood Pressure and Weight, Healthy eating and Physical Activity, Farmer’s Market and Tobacco Cessation, Maternal / Child Health, and provided a healthy snack.

Client ratings for the Health Fair were – 82 % Excellent, 18% Very Good, with no average or poor ratings. How likely to recommend it to others was 100%. Written and verbal comments- good job, really enjoyed and learned from the Breast and Cervical speaker, it was wonderful, everyone was very helpful, very informative, please offer again, excellent, really great event, good job girls!, many were grateful for reduced rate lab work (Executive Profile).
Tobacco Coalition / CADEA
Activities for 2012-2013 were discussed. Kim Wiley - President of the Coalition is moving. Annie Holtkamp of Community Resource Center who heads the coalition is also moving. Prevention funding was discussed, Kim suggested combining CADEA with another school coalition if funding through the CRC is cut. Programs the coalition liked this past year and want to continue into the next school year are:
Great American Smoke Out; Current Drug Trends Presentation; Kick Butts Day.
CADEA will meet after summer break on September 5, 2012 at Willow Grove School.

2. Environmental Health: Melissa Mallow, Director of Environmental Health
On Sunday, April 29, Missy performed an emergency incident inspection at McDonald’s in Centralia. The facility had a small grease fire and the Centralia Fire Department was called to the scene. It is required that the health department inspects a facility after a fire and gives approval for the facility to re-open to the public.
On May 3, the Health Department hosted a Marion Region Directors of Environmental Health meeting. Also in attendance were IDPH staff and Program Managers. There were 36 people in attendance.

West Nile Virus
On April 12 and April 13, the health department gave 2 cases of larvicide to the following public works departments: Salem, Centralia, Central City, Sandoval and Kinmundy. On side note: one case of Bti larvicide costs $65.00 and one case of Altosid larvicide costs $651.20.
On June 25 Mallow shipped a dead red winged black bird for WNV testing. It was from the Salem area. Approximately one week to receive results.

Water Well Testing
The Illinois Department of Agriculture Animal Disease lab in Centralia will close August 31, 2012. The health department will ship water samples to IDPH labs in Carbondale and Springfield.
3. **Nursing: Shelley Yoder, Director of Nursing**
   
   **WIC Caseload: 1511**
   
   March: 1350 P-181, BF-49, PP-80, I-335, C-705 89% of caseload
   April: 1330 P-176, BF-49 PP-74, I-326, C-705 88% of caseload
   May: 1412 P-184, BF-55, PP-87, I-338, C-748 93% of caseload

   The Marion County Health Departments goal is to maintain a caseload of greater than 90% of our assigned caseload.

   The breast feeding peer counselors are working to increase the number of mothers that are BF as well as the number of mothers that do not supplement with formula and exclusively BF.

   **Peer Counselor Contacts for FY12**: (includes face to face, telephone, and outreach to pregnant and PP BF mothers)
   
   1st quarter (July – Sept 2011) 405, 2nd quarter (Oct-Dec 2011) 263, 3rd quarter (Jan-March 2012) 381

   Total contacts made for the 1st 3 quarters in FY12: 1049

   **Breastfeeding Progress:**

   Breastfeeding initiation with a goal of 85%
   The calculations are based on clients that were enrolled prenatailly with information on breastfeeding obtained during their infant's certification visit.

   Centralia: 78% in March, 100% April, 75% in May
   Salem: 64% in March, 67% April, 88% in May

   **6 month duration with a goal of 50%**
   Centralia: 13% in March, 0% April, 33% in May
   Salem: 9% in March, 25% April, 0% in May

   **12 month duration with a goal of 15%**
   Centralia: 8% in March, 0% April, 20% in May
   Salem: 0% in March, 0% April, 0% in May

   **Clients exclusively Breastfeeding : Jan-March 2012**
   Salem: wk1: 89%, wk2: 54%, 1mos: 29%, 4mos: 7%
   Centralia: wk1: 94%, wk2: 34%, 1mos: 13%, 4mos: 3%
Farmers Market:
Improved availability of early spring produce the HD were allotted 375 $3.00 Farmers Market coupons for the month of June. Woman and children participating in the WIC program are eligible to receive $6.00 in coupons to redeem for fresh fruits and vegetables by June 31st. Regular seasonal Farmers Market coupons will also be available from July through October. Woman and children participating in WIC will be eligible to receive $15.00 in coupons. On Friday June 8th we invited farmers market vendors to set up in our parking lot to accommodate WIC clients leaving class.

STD Testing:
9 HIV tests were done this quarter with no positive results. 
17 GC and Chlamydia tests were done with 7 or (41%) positive results for Chlamydia and no positive results for GC.
11 syphilis tests were done with no positive results.

Lead Poisoning Prevention Services:
This quarter 174 lead tests were completed. 4 children are currently being followed for lead poisoning case management services. 3 kids have high capillary lead tests and Ms. Yoder is currently waiting for appointments to be scheduled for confirmatory venous tests. One child was closed to case management services as “lost to follow-up”. The family moved with no forwarding address or contact phone #. 1 lead nursing- home visit was conducted this quarter.

On January 4 2012, The Advisory committee on Childhood Lead Poisoning Prevention (ACCLPP) released a report stating that low levels of lead exposure harm children. The committee recommended to eliminate the use of the term “blood lead level of concern” which is now 10ug/dl and adopt a reference value based on the 97.5th percentile of blood lead level of distribution in children 1-5yrs of age, which is currently 5ug/dl. CDC has reviewed the recommendations and concurs with them. Currently no new guidance has been received from the IDPH. Currently children with blood lead levels between 5-9ug/dl receive educational material on lead poisoning prevention mailed to their homes for the parents to read. The guidelines and information mailed, offer guidance to decrease the child’s lead level. Currently home visits are made on children with levels of 10 or higher if they are less than 3 years of age, or for levels of 15-20 on children 3 years of age or older.

OUTCOME: Yoder passed out a handout stating the recommendation.
Communicable Diseases:
For the 2nd quarter the following cases were investigated: 32 Chlamydia, 10 GC, 12 HCV, 2 pertussis, 3- RMSF, 1-influenza- A outbreak and 1-salmonella.

TB Monitoring:
5 Positive TB tests with f/u screening were done, and 3 new cases started TB prophylaxis with INH for LTBI.

School Based Tdap Clinics:
On March 29th the HD went to the Centralia Jr. High school and vaccinated 199 students with Tdap vaccine. On April 19th, Ms. Yoder went to Patoka School and vaccinated 7 kids. Iuka school cancelled their Tdap clinic which was scheduled on April 26, because only 3 kids turned in forms to receive the vaccine. For school year 2012-2013 all children entering 6th and 9th grade must show proof of receiving one dose of Tdap.

School Physicals:
Marion County Health Department will schedule 2 days to provide school and sports physicals this summer. Appointments at the Salem office is Friday, July 27th and at the Centralia office Friday, August 3rd. Shanda Swagler, ANP will be providing the physical assessments. This is the 3rd year that Shanda assisted the HD with physicals. The fee for school physicals is $40.00. Immunizations will be offered at an additional fee.

Grant:
Shelley applied for and received a grant for $800.00, monies to be used for NIST (national institute of science and technology) certified thermometers and/ or a refrigerator. The funds were used to purchase a new refrigerator for the Centralia office to replace the unit in exam room #1 and to purchase 4 NIST certified thermometers for the units that contain our VFC vaccine.

Lab Testing:
This quarter 164 lab draws were done.

Outreach:
Shelley was asked by Carrie Thackery at Salem High School to give a STD presentation to her adult living class. On April 20, Yoder went to the class and gave a 35 minute presentation on STD’s. There were 14 students present. The class sent a signed appreciation card for doing the presentation.
4. Administration: Lori Ryan

1. Grants
   A total of 18 grants have been written this quarter. The HD was awarded the Emergency Preparedness Carry-Over Funds which equals $24,700. Two additional grants are expected in the next two weeks; Emergency Preparedness and MRC.

2. Budget
   Draft budget is being composed with increase in grant funds and no mortgage to pay, should make raises possible.

3. IMRF
   Over payment will be paid in full by mid July. At that point the HD will pay IMRF to the county.

b. Rose Straeter
   Rose Straeter is a HD Breastfeeding Peer Counselor, Rose presented a Research Project Proposal. Rose is conducting a study and informed the Board of the options of her study since it would be conducted at the Health Department and involving active WIC clients. Straeter passed out a handout as well. Mr. Dick Haney suggested that it would be fine with him that Lori Ryan and Ms. Straeter worked out the details. All were in agreement, none opposed. Ms. Ryan is to inform the Board on Rose’s project at a later date.

c. 2011 Audit
   The Health Departments financial position improved for the year ended November 30, 2011. The total revenues exceeded total expenses by $86,751 for the year. This resulted in an increase in total net assets of 7% over the previous year. The Department’s net assets were $1,345,094 at the November 30, 2011 (page 4 of the audit)
   Net change in fund balance was $99,187
   Depreciation expense $28,727
   Change in net assets $86,751 (page 14)
   Findings: Inadequate segregation of deities at the Court House.
d. 2013 Raises
Ms. Ryan recommends 3% raise for all staff – gave 2% last year. 3% would be $18,000. Mr. Haney stated that Lori could divide the 3% out among the staff, if Ms. Ryan thought one employee get 1% and another 2% according to job performance. Haney made a motion to accept the 3% raise, Dr. Morrison seconded the motion, all in favor, none opposed. 3% raises was approved.

VII. CLOSED SESSION
Closed Session was not needed at this time.

VIII. ADJOURNMENT
Mike Morton made a motion for adjournment at 7:50 p.m.; Pam Hawkins seconded the motion. The next meeting is scheduled for September 18, 2012, 7 pm, at the Centralia office.