

## Safety Tips for Walking to School

1. Wait for a green light.
2. Use WALK signals to cross a street.
3. Do not cross the street if the light is yellow or red.
4. If there are no signals or cross walks, cross at an intersection if there is one. Stop at the side of the road and look carefully to the left, right and left again. If there is no traffic coming, walk across the road.



## National Immunization Awareness Month *-Pregnant Women-*

Vaccinations can help keep you and your growing baby healthy. Your age, lifestyle, high-risk conditions, type and locations of travel, and previous vaccinations are factors that determine which vaccinations you may need while you are pregnant.

Before a woman becomes pregnant, she should be up-to-date on all of her routine adult vaccines. Live vaccines should not be given one month before conception. However, inactivated vaccines can be given at any time before or during pregnancy.

During flu season, a pregnant woman should get an inactivated flu vaccine. It is safe and very important, because a pregnant woman who gets the flu is at risk for serious complications and hospitalization.



Woman can receive vaccinations right after giving birth, even while breastfeeding. It is recommended to get vaccinated right after delivery for tetanus, diphtheria, and pertussis (TDAP) if you are not up to date on these vaccines. A new mother should also be vaccinated against pertussis (whooping cough) to reduce the risk of her newborn getting it.



Pregnant mothers should keep in mind that their baby gets disease immunity protection from them. The protection is temporary, therefore protect your new baby by immunizing them in a timely manner.



# World Breastfeeding Week

August 1-7

World Breastfeeding Week is celebrated every year in more than 120 countries. The celebration encourages breastfeeding, therefore, improving the health of babies everywhere. Breastfeeding is the best way to provide newborns with nutrients they need. Pediatricians recommend breastfeeding exclusively for six months or up until one year.

## July 2011 Statistics

### Clinics

<b>Blood Pressure / Blood Sugar Clinics</b> .....	4
Blood Pressure Screenings.....	21
Blood Sugar Screenings.....	8
<b>Lead Screening</b> .....	
Number of persons tested.....	69
<b>Paternity Testing Clinics</b> .....	2
Number tested.....	8
<b>HIV Test</b> .....	4

### Immunizations

<b>Number of Clinics</b> .....	7
No. of persons immunized.....	192
Total vaccines administered.....	300
<b>Children's Immunizations</b> .....	
Pediatric Flu.....	0
Hepatitis A.....	5
<b>Adult Immunizations</b> .....	
Hepatitis A (number started).....	0
Hepatitis B (number started).....	5
Flu.....	0
Meningitis.....	31
MMR.....	0
Pneumonia.....	0
TD.....	9
Tdap: Adacel.....	9
Typhoid.....	1
Yellow Fever.....	1
Zostavax.....	3
<b>Other Immunizations</b> .....	
Gardasil (number started).....	6
Varicella.....	41

### Nursing

<b>Sexually Transmitted Disease</b> .....	
Chlamydia.....	15
Gonorrhea.....	3
Syphilis.....	0
<b>Communicable Disease Investigations</b> .....	
Chickenpox.....	0
Cholera.....	0
Hepatitis B.....	0
Hepatitis C.....	0
Malaria.....	0
Salmonellosis.....	0
Strep Pneumoniae.....	0
Whooping Cough ( <i>Pertussis</i> ).....	0
<b>Tuberculosis</b> .....	
Tests Administered.....	67
New Prophylactic Patients.....	1
New Investigations.....	1
New Active Cases.....	0
<b>Family Case Management:</b> .....	
Pregnancy Testing.....	3
Positive.....	3
Negative.....	0
Prenatal Clients.....	160
Infant & Child Clients.....	521
Number of Visits.....	356
Prenatal.....	14
Postpartum.....	20
Infant Visits.....	119
Child Visits.....	203
SIDS Investigations.....	0
APORS Investigations.....	8
Health Works Active Case Load.....	59
Active W.I.C.....	1317
Clients receiving education.....	272
<b>Vision &amp; Hearing</b> .....	
Number Vision Tested.....	2
Number Hearing Tested.....	5
Number Vision Referrals.....	0
Number Hearing Referrals.....	0

### Environmental Health

<b>Food</b> .....	
Routine Inspections.....	37
Follow-up Inspections.....	5
Complaint Inspections.....	0
Temporary Inspections.....	0
Pre-Operational Inspections.....	3
Emergency Incident Inspections.....	0
Number of Permits Issued.....	17
<b>Sewage</b> .....	
Routine Inspections.....	7
Complaint Inspections.....	2
Realty Inspections.....	2
Sewage Systems Installed.....	6
Number of Permits Issued.....	6
<b>Water</b> .....	
New System Inspections.....	0
Existing Water Well Inspections.....	0
Realty Inspections.....	0
Complaint Inspections.....	0
Water Wells Sealed.....	0
Number of Permits Issued.....	0
<b>Tanning</b> .....	
Routine Inspections.....	0
Follow-up Inspections.....	0
Complaint.....	1
<b>Body Art</b> .....	
Routine Inspections.....	0
Follow-up Inspections.....	0
Complaint.....	0
<b>Miscellaneous</b> .....	
Animal Bites.....	1

ILLINOIS DEPARTMENT OF PUBLIC HEALTH  
**Smoke-free Illinois**  
[www.smoke-freeillinois.gov](http://www.smoke-freeillinois.gov)

**Submit Complaints**  
 866-973-4646  
 TTY 800-547-0466  
 618-548-3878  
Marion County Health Department

**ILLINOIS TOBACCO QUITLINE**  
 ILLINOIS DEPARTMENT OF PUBLIC HEALTH  
 AMERICAN LUNG ASSOCIATION OF ILLINOIS  
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**1-866-QUIT YES (784-8937)**

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