Summer is a great time for kids to enjoy different indoor and outdoor activities. Whether they are young children or teens, learn ways to keep your kids safe and healthy while they enjoy the summer fun.

**Master Water Safety**

*Water-related activities are popular for getting physical activity and have many health benefits. Here are some tips to stay safe while having fun.*

- Learn how to prevent recreation water illnesses and help protect yourself and your kids.
- Teach kids about water safety.

*Drownings are the leading cause of injury death for young children ages 1 to 4, and three children die every day as a result of drowning.*

- Always supervise children when in or around water. A responsible adult should constantly watch young children.
- Teach kids to swim. Formal swimming lessons can protect young children from drowning.
- Learn cardiopulmonary resuscitation (CPR). Your CPR skills could save someone’s life.
- Install a four-sided fence around home pools.

**Beat the Heat and Sun**

*Heat-related illness happens when the body’s temperature control system is overloaded. Infants and children up to 4 years of age are at greatest risk. Even young and healthy people can get sick from the heat if they participate in strenuous physical activities during hot weather.*

- Never leave infants, children, or pets in a parked car, even if the windows are cracked open.
- Dress infants and children in loose, lightweight, light-colored clothing.
- Schedule outdoor activities carefully, for morning and evening hours.
- Stay cool with cool showers or baths.
- Seek medical care immediately if your child has symptoms of heat-related illness.

*Just a few serious burns can increase you and your child’s risk of skin cancer later in life. Their skin needs protection from the sun’s harmful ultraviolet (UV) rays whenever they’re outdoors.*

- Cover up. Clothing that covers your and your child’s skin helps protect against UV rays.
- Use sunscreen with at least SPF 15 and UVA and UVB protection every time you and your child go outside.

Source: CDC.gov/family/kids/summer
**May 2019 Statistics**

### Clinics
- **Blood Pressure/Blood Sugar Clinics**
  - Persons served: Blood Pressure: 0
  - Persons served: Blood Sugar: 0
- **Paternity Testing Clinics**
  - Number of Persons Tested: 3

### Immunizations
- **Number of Clinics**: 8
  - No. of adults: 43
  - No. of adults immz. administered: 27
  - No. of pediatrics: 67
  - No. of pediatrics immz. adm: 187
  - Total of vaccines administered: 214

### Children's Immunizations
- Pediarix: 21
- Pediatric Flu: 6
- Hib: 34
- Prevnar: 31
- Rotavirus: 14
- Hep A: 18
- Dtap: 12
- MMR: 13
- Tdap: 1
- Hepatitis B: 1
- Varicella: 13
- Kinrix: 3
- Gardisil: 5
- Meningitis: 4
- Pentacel: 0
- IPV (Polio): 6
- Td: 0
- Men: B: 0

### Adult Immunizations
- Hepatitis A: 3
- Hepatitis B: 6
- Flu: 0
- Meningitis: 0
- MMR: 7
- Pneumonia 23: 0
- TD: 2
- Tdap: 7
- Typhoid: 1
- Varicella: 0
- Yellow Fever: 0
- Prevnar 13: 0
- Shingrix: 0

### Maternal Health (MCH)
- **Maternal Health Encounters**: 486
- **WIC Caseload**: 1070

### WIC Continued
- WIC Clients receiving Education: 230
- WSSM / WIC Education: 166
- Internet WIC Education: 18
- Individual WIC Education: 46
- Lead: 48
- Hemoglobin: 142
- ASQ Developmental Screenings: 115
- Depression Screenings: 77
- EPSDT’S: 50
- Fluoride Varnish (Oral Health): 66
- Number of Vision Tested: 44
- Number of Hearing Tested: 60
- OAE Hearing Tested: 0
- Pregnancy Tests: 0

### Family Case Management
- APORS Visits: 2
- Healthworks Caseload: 86

### Communicable Disease Investigations
- Chickenpox: 0
- Cryptosporidiosis: 0
- Hepatitis B: 1
- Hepatitis C: 2
- Histoplasmosis: 0
- HIV/AIDS Cases Investigated: 0
- HIV Test: 3
- Salmonellosis: 0
- Streptococcal Infections (Group A): 0
- Whopping Cough (Pertussis): 0

### Sexually Transmitted Disease
- Chlamydia: 24
- Gonorrhea: 11
- Syphilis: 0

### TB (Tuberculosis)
- Tests Administered: 22
- New Prophylactic Patients: 0
- New Investigations: 0
- New Active Cases: 0

### Drug Testing
- 5-Panel Hair Drug Test: 0
- 9-Panel Non-Regulated Urine Test: 1
- 5-Panel Hair Test w/ Exp.Opiates: 1

### Lab Draws
- **Private Pay**
  - Salem Office: 65
  - Centrallia Office: 21
  - **Total Private Pay Lab Draws**: 86

### Environmental Health
- **Food**
  - Routine Inspections: 16
  - Follow-up Inspections: 3
  - Complaint Inspections: 0
  - Temporary Inspections: 4
  - Pre-Operational Inspections: 2
  - Emergency Incident Inspections: 0
  - Number of Permits Issued: 21

### Sewage
- Routine Inspections: 4
- Complaint Inspections: 2
- Realty Inspections: 1
- Sewage Systems Installed: 3
- Number of Permits Issued: 6

### Water
- New System Inspections: 0
- Existing Water Well Inspections: 0
- Realty Inspections: 0
- Complaint Inspections: 0
- Water Wells Sealed: 0
- Number of Permits Issued: 0

### Closed Loop Wells
- Closed Loop Well Inspections: 0
- Systems Installed: 0
- Number of Permits Issued: 0

### Tanning
- Routine Inspections: 0
- Follow-up Inspections: 0
- Complaint Inspections: 0

### Body Art
- Routine Inspections: 0
- Follow-up Inspections: 0
- Complaint Inspections: 0

### Miscellaneous
- Animal Bites: 0

### FIT Test
- Female: 2
- Male: 2

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**Quest Lab Draws**
- Salem Office: 1
- Centrallia Office: 0
- **Total Quest Lab Draws**: 1

**Environmental Health**
- **Food**
  - Routine Inspections: 16
  - Follow-up Inspections: 3
  - Complaint Inspections: 0
  - Temporary Inspections: 4
  - Pre-Operational Inspections: 2
  - Emergency Incident Inspections: 0
  - Number of Permits Issued: 21

**Sewage**
- Routine Inspections: 4
- Complaint Inspections: 2
- Realty Inspections: 1
- Sewage Systems Installed: 3
- Number of Permits Issued: 6

**Water**
- New System Inspections: 0
- Existing Water Well Inspections: 0
- Realty Inspections: 0
- Complaint Inspections: 0
- Water Wells Sealed: 0
- Number of Permits Issued: 0

**Closed Loop Wells**
- Closed Loop Well Inspections: 0
- Systems Installed: 0
- Number of Permits Issued: 0

**Tanning**
- Routine Inspections: 0
- Follow-up Inspections: 0
- Complaint Inspections: 0

**Body Art**
- Routine Inspections: 0
- Follow-up Inspections: 0
- Complaint Inspections: 0

**Miscellaneous**
- Animal Bites: 0

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**FIT Test**
- Female: 2
- Male: 2

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**Submit Complaints**
- 618-540-3878
- 866-973-4466

**1-866-QUIT YES (784-8937)**