World Breast Feeding Week (WBW) was initiated 27 years ago by the world Alliance for Breastfeeding Action (WABA). WABA focuses on ways to promote, protect, and support breastfeeding. Every year WBW is celebrated August 1-7. The theme for this year is: Empower Parents; Enable Breastfeeding. The health of infants and toddlers is improved and protected by breastfeeding. The cells, hormones, and antibodies in breast milk protect babies from illness.

The Work Health Organization recommends “exclusive breastfeeding starting within one hour of birth and continuing until six months of age. Nutritious complimentary foods should be started at six months of age while continuing to breastfeed up to two years of age.”

Breastfeeding is also good for mothers. Many mothers find that breastfeeding helps them get back to their pre-pregnancy weight more quickly. Breastfeeding is less work once mother and baby settle into a routine. Also breastfeeding is linked to a lower risk of Type 2 diabetes, certain types of breast cancer and ovarian cancer for mothers.

For 2019 the health department will celebrate WBW at both our Salem and Centralia Campuses. On August 6, our Centralia office times are: 10am-12pm and the Salem office times are: 1:00pm-3:00pm. Breastfeeding moms, pregnant moms who want to breastfeed, babies, toddlers, and siblings are welcome. Prizes, gifts, refreshments, and “Mommy and Me: photographs.

Observe of Overdose Awareness Day

Where: Centralia Fairview Park When: Thursday, August 29 from 5-7pm

Speakers: Dustin Kibler—Recovery Coach for Clinton and Bond Co. Rev. Joannie Naraghi—St. Mary’s Hospital Grief Support

- Informational booths
- Demonstration for parents: Hidden in Plain Sight Room. Provides parents with clues from a teen’s bedroom to help them determine whether their child might be experimenting with or using drugs or alcohol.
- Drawings for gift cards, must be present to win
- In Remembrance Butterfly Release (Bring a framed photo of your loved one)
June 2019 Statistics

**MCH Continued...**
- WIC Clients receiving Education...141
- WSSM / WIC Education ..............98
- Internet WIC Education ............12
- Individual WIC Education ..........31
- Lead ...........................................41
- Hemoglobin...................101
- ASQ Developmental Screenings ....77
- Depression Screenings .............71
- EPSDT'S ........................................44
- Floruide Varnish (Oral Health) ..47
- Number of Vision Tested ............0
- Number of Hearing Tested ..........1
- OAE Hearing Tested .....................0
- Pregnancy Tests ...........................0

**Immunizations**
- **Number of Clinics** ....................8
  - No. of adults .............................82
  - No. of adults immz. administered...61
  - No. of pediatrics ........................98
  - No. of pediatrics immz. adm........245
- Total of vaccines administered ....306

**Children’s Immunizations**
- PediariX ..................................28
- Pediatric Flu ..............................5
- Hib ........................................34
- Prevnar ....................................34
- Rotavirus ..................................16
- Hep A .......................................26
- Dtap ........................................20
- MMR .........................................12
- Tdap ........................................12
- Hepatitis B .................................1
- Gardisil ....................................15
- Kinrix ........................................5
- Meningitis .................................16
- Pentacel ................................... 0
- IPV (Polio) ................................. 6
- Td ............................................ 1
- Men. B ...................................... 0

**Adult Immunizations**
- Hepatitis A ..................................28
- Hepatitis B ....................................4
- Flu ............................................ 0
- Meningitis ................................. 0
- MMR ......................................... 0
- Pneumonia 23 .............................. 0
- TD ............................................ 0
- Tdap ........................................ 6
- Typhoid ..................................... 2
- Varicella .................................... 1
- Yellow Fever ............................. 0
- Prevnar 13 ................................. 0
- Shingrix ................................... 14

**Quest Lab Draws**
- Salem Office .............................. 1
- Centralla Office .......................... 2
- **Total Quest Lab Draws** ............ 3

**Environmental Health**

**Food**
- Routine Inspections ...................20
- Follow-up Inspections ................ 1
- Complaint Inspections ................ 2
- Temporary Inspections ............... 0
- Pre-Operational Inspections .......... 2
- Emergency Incident Inspections ...0
- Number of Permits Issued ...........11

**Sewage**
- Routine Inspections ....................4
- Complaint Inspections ............... 0
- Realty Inspections ...................... 0
- Sewage Systems Installed ........... 4
- Number of Permits Issued ..........  9

**Water**
- New System Inspections ............... 0
- Existing Water Well Inspections ...0
- Realty Inspections ...................... 0
- Complaint Inspections ............... 0
- Water Wells Sealed ..................... 0
- Number of Permits Issued .......... 0

**Closed Loop Wells**
- Closed Loop Well Inspections ....... 0
- Systems Installed ....................... 4
- Number of Permits Issued ..........  0

**Tanning**
- Routine Inspections ....................1
- Follow-up Inspections ............... 0
- Complaint Inspections ............... 0

**Body Art**
- Routine Inspections ....................2
- Follow-up Inspections ............... 0
- Complaint Inspections ............... 0

**Miscellaneous**
- Animal Bites ............................. 0

**FIT Test**
- Female ...............1
- Male ...............0

**Maternal Child Health (MCH)**

**Maternal Health Encounters** ....353
**WIC Caseload** .......................1053